

HIGH ALERT -
All Brothers & Sisters,

Please ``Pass to all your contacts.

Dr. Anjali Mathur,
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This message is from a group of doctors
in India (forwarded in public interest).

1) Do not drink APPY FIZZ. It contains
Cancer causing agent..

2) Don't eat Mentos before or after
drinking Coke or Pepsi because the
Person will die immediately as the
mixture becomes CYANIDE..

3) Don't eat Kurkure because it contains
high amount of Plastic.
If you don't believe burn Kurkure and
you can see Plastic melting.!

4) Avoid these Tablets, they are very
dangerous:

- * D-cold
- * Vicks Action-500
- * Actifed
- * Coldarin
- * Cosome
- * Nice
- * Nimulid
- * Cetrizet-D

They contain Phenyl Propanol-Amide
PPA. Which causes Strokes & are
banned in USA!

Please, before deleting, HELP your
friends by passing it..!

Let it reach to every one

It might help some one. Forward to as
many as you can.

Please read and forward:

Doctor of the INDO AMERICAN
HOSPITAL has found a new cancer in
human beings, caused by Silver Nitro
Oxide. Whenever you buy recharge
cards, don't scratch with your nails, as it
contains Silver Nitro Oxide coating and
can cause skin cancer. Share this
message with your loved ones.

Important Health Tips:

oAnswer phone calls with the left ear.

oDon't take your medicine with cold
water....

oDon't eat heavy meals after 5pm.

oDrink more water in the morning, less
at night.

oBest sleeping time is from 10:00pm to
4:00am.

oDon't lie down immediately after
taking medicine or after meals.

oWhen phone's battery is low to last
bar, don't answer the phone, because
the radiation is 1000 times stronger.

oCan you forward this to people you
care about?

I just did!
Kindness costs nothing
But
Knowledge is power...

IMPORTANT

U.S.A. CHEMICAL Research Center Gives
New Result:

Don't Drink Tea in Plastic Cups and Dont
Eat Any Food on Polythene Paper. The
plastic reacts to heat and It Will Cause
52 Types of Cancers. So, This Good sms
is Equal to 100 Waste sms. Pls Forward
to All U care.

Plz frwrtd....

Frwrds take a second.....!``